

SUPPORT FOR WOMEN

Confidential, one-to-one counselling is available for women who are in or leaving abusive relationships. NSDP also provides a safe and supportive environment for assisting women in dealing with issues of past or present sexual abuse and violence in their lives. Our counsellors focus on supporting and empowering women to develop safe and healthy intimate relationships, taking personal responsibility for their behaviour, and building effective coping strategies and problem-solving skills.

SUPPORT FOR CHILDREN & YOUTH

NSDP provides individual and group counselling services and resources to children and youth under 19 years of age. Our programs include:

- **CHILD SEXUAL ABUSE INTERVENTION PROGRAM:** Confidential one-to-one counselling, family crisis intervention, case coordination, and referrals.
- **CHILDREN'S PEACE PROGRAM:** Individual support counselling for children and their families.
- **YOUTH SERVICES PROGRAM:** Counselling and group sessions for youth. Support includes anger management, suicide intervention, crime prevention, harm reduction, safety and sexual health.

SUPPORT FOR MEN

NSDP can provide information to men who are interested in building or strengthening their relationships. Relationship violence treatment services are offered in response to court orders periodically throughout the year.

Please call for information regarding additional services for men.

PREGNANCY OUTREACH PROGRAM

In a confidential and informal setting, NSDP provides education and support to women during pregnancy, labour, delivery, and early postpartum (up to one year).

Our program includes:

- **DROP-IN GROUPS:** Group sessions provide an opportunity for pre-natal and postpartum women to meet and discuss issues, concerns, and fears about pregnancy or parenting with each other and invited guest speakers.
- **ONE-ON-ONE SUPPORT** is available for perinatal women to discuss health issues or concerns with a registered nurse and nutritionist.
- **RESOURCES:** Books, videos, breast pumps, scales, and maternity or baby clothing.
- **PEER SUPPORT**

Pregnancy Outreach is located at:
3778 4th Ave, Smithers, B.C.

(250) 847-9477

PASSAGE HOUSE

Passage House has been providing services since 1989 and offers a safe and supportive environment for women and children experiencing domestic violence, abuse and/or crises in their lives. Passage House provides an array of services including: counselling, child care support, advocacy, information, crisis intervention, safety planning, and referrals.

THIRD STAGE HOUSING provides safe, independent, affordable housing for women and their children, referred through or having completed support services. Housing is fully equipped with security alarms.

Passage House is a 24-hour
Emergency Shelter.
Open 365 days a year.

(250) 847-2595

ABOUT US

WHAT IS NSDP?

Providing services since 1993, the Northern Society for Domestic Peace (NSDP) is a non-profit, government-funded organization dedicated to helping individuals and families strengthen their relationships and quality of life. Through our programs and services, we aim to foster and promote safety and respect, healthy life-style choices, and self-determination.

HOW WE CAN HELP

NSDP provides a safe and supportive environment for assisting adults, seniors, children, and youth in developing strong and healthy intimate relationships.

NSDP provides support to the Northern Community in the following ways:

- One-to-one counselling, workshops, and support groups for victims of abuse, violence, and sexual assault
- 24-hour shelter and Second Stage Housing for women and their children in crisis
- Public awareness and community development initiatives that focus on violence prevention, families at risk, organizational wellness, and child-centred counselling
- Educational programs and training (workshops and seminars) for professionals and organizations.
- Resources and referrals

VICTIM ASSISTANCE

Our two Victim Assistance programs provide emotional support, criminal justice system information, advocacy, court orientation and accompaniment, support with Crime Victim Assistance applications and victim impact statements, and referrals where appropriate.

SPECIALIZED VICTIM ASSISTANCE

Confidential and free services for women, men, children, and youth who have been victimized by violent crime including sexual abuse or assault, domestic violence, and criminal harassment. (250)847-9000

POLICE BASED VICTIM ASSISTANCE

Confidential and free services for men, women and children who are victims of crime and trauma. This includes crisis intervention, crime prevention and justice system information for victims of crime and personal tragedies.

Our office is located in the Smithers RCMP Detachment. (250)847-9374

Support for Families

The Strengthening Families Program provides workshops for any parent (fathers, mothers, grandparents, step parents or guardians) of a child that wants to learn some additional tools to gain a better understanding of their children. This workshop is for anyone that would like to inspire positive growth and change. Our goal is to reduce day-to-day stress in the family by improving communication and understanding.

NORTHERN SOCIETY FOR DOMESTIC PEACE



HELPING INDIVIDUALS AND FAMILIES
BUILD STRONG RELATIONSHIPS AND
ENHANCE THE QUALITY OF THEIR LIVES.

CONTACT US

3772-1st AVE
SMITHERS, B.C.
V0J 2N0

PHONE 250-847-9000

FAX: 250-847-8911

EMAIL: info@domesticpeace.ca

WEB SITE: www.domesticpeace.ca