

Violence Affects Women

At Northern Society for Domestic Peace, we recognize that women have a right to healthy relationships that are free from power and control imbalances and any form of violence. Counselling is based on a framework that works within the reality of women's lives.

Women who have experienced violence and abuse may feel:

- Isolated
- Powerless
- Overwhelmed
- Angry

We live in a world where women often experience oppression and devaluation.

NSDP is committed to **Stopping the Violence** in our community.



Stopping the Violence provides support and counselling at no charge through the generous funding of the Ministry of Public Safety and Solicitor General.

Northern Society for Domestic Peace

3772 1St Ave
P.O. Box 3836
Smithers, BC
VoJ 2No

Phone:250-847-9000
Fax: 250-847-8911
admin@domesticpeace.ca

Stopping the Violence

Women's Counselling and Support



Northern Society for Domestic Peace
(250) 847-9000

Stopping the Violence Program

Stopping the Violence Counselling addresses a wide range of effects that may result from:

- Sexual Assault
- Assault and abuse within a relationship (emotional, physical, sexual, psychological, etc.)
- Childhood abuse

What is the first step?

Call *Northern Society for Domestic Peace* at (250) 847-9000 to set up an appointment with the Stopping the Violence Counsellor.

Things to Know:

1. **Individual counselling** is available to any woman who has experienced violence or abuse and calls for an appointment.
2. The counselling is **voluntary and confidential**.
3. There is **no charge** for this service, but there may be a wait list.
4. Counselling sessions are usually once a week for approximately **six months**.
5. Sometimes **group sessions** are made available.



Our Program

- Fosters self-empowerment by supporting women toward increased control in their lives.
- Places the highest priority on the safety of women.
- Confirms the abuser's responsibility for the abuse.
- Provides services in a non-judgemental and culturally sensitive manner than respects and empowers women.
- Provides services to address women's needs while respecting the right to self-determination.
- Recognizes that the pervasive imbalance of power and violence are issues that must be addressed at both individual and social system levels through effective counselling and advocacy.